

Family Support Center....

September 2005



Sun Mon Tues Wed Thurs Fri Sat

The Heart Beat of Misawa

Labor Day is a creation of the labor movement and is dedicated to the social and economic achievements of American workers.

Beginning 1 October, our monthly calendar will be electronic!

				1 9:00 AM or 5:30 PM Survival Japanese Part 1 	2 8:00 AM Pre-separation Brief - DD Form 2648	3
	5 Labor Day 	8:00 AM 3-Day TAP (6, 7 & 8 September) 6:00 PM Japanese Pressed Flowers 	8:30 AM Readiness Briefing 6:00 PM "Gourmet Meals in a Pinch" Cooking Class 	8 9:00 AM or 5:30 PM Survival Japanese Part 2 5:30 PM Homebuyers 101 	9 8:00 AM Pre-separation Brief - DD Form 2648 	10 VOLUNTEER FAIR 11:00 AM - 3:00 PM
11 	12 9:00 AM Sponsor Training 	13 9:00 AM Marriage Enrichment 5:30 PM Homebuyers 102 5:30 PM Intro to Access 6:00 PM Kimono Dressing 	14 8:30 AM Readiness Briefing 10:30 AM Comprehensive Financial Management for E-4 & Below 	15 9:00 AM or 5:30 PM Survival Japanese Part 3 9:00 AM Intro to Excel 9:00 AM NEO Coordinators Briefing 6:00 PM Investment Basics 	16 8:00 AM TAP Benefits Brief 6:00 PM - 10:00 PM Give Parents A Break 	17
18 	19 9:00 AM Bundles for Babies 10:00 AM Japanese Cooking 	20 9:00 AM Intro to MS Word 6:00 PM Japanese Cooking 	21 8:30 AM Readiness Briefing 9:30 AM Adult Study Skills 5:30 PM Intro to Front Page 6:00 PM Spanish Heritage Month Cooking Class 	22 9:00 AM or 5:30 PM Survival Japanese Part 4 5:30 PM Intermediate Access 	23 8:00 AM Pre-separation Brief - DD Form 2648 10:00 AM Resume Writing	
25 		27 9:00 AM Intro to PowerPoint 1:00 PM Marriage Enrichment	28 8:30 AM Readiness Briefing 9:30 AM Adult Study Skills	29 9:00 AM Intro to Excel 	30 8:00 AM Pre-separation Brief - DD Form 2648 10:00 AM	

For more information or to sign-up for classes, please call 226-4735.

The Family Support Center, taking care of people so they can take care of the mission.

Air Force One Source:

Whether you're preparing for a new baby, dealing with relationship issues, preparing for deployment and reunion, getting out of debt, or buying your first car, Air Force One Source can help.

24 hours a day. Log on

www.airforceonesource.com User ID:

Do you want to start or join a playgroup?

For children ages 2-5 years and their parents that are interested in meeting new people



Where: The Family Support Center
When: Dates and times to be arranged
For more information, contact us at 226-4735.

Tantalizing Cooking Classes!

September 7th and 28th

Join **Tanya** as she demonstrates how to prepare gourmet dishes and how to be a creative cook!

The **Hispanic Heritage Committee** is sponsoring a Spanish Heritage Month Cooking Class on

....call the Family Support Center at 226-4735 to find out what's happening!



**Beginning 1 October,
our monthly calendar
will be electronic!**

and will not be included in the
Northern Light

You can locate the calendar at
www.misawajapan.com,
<https://intranet.misawa.af.mil>,
on the weekly Base Bulletin, or you
can request a copy be sent to
your e-mail account!

Volunteer Fair

September 10th

11:00 AM- 3:00 PM

Commissary Lobby

Come find a volunteer opportunity
that is right for you and start
making a difference today!



For Spouses of Deployed Members

Relax in a Japanese Onsen, (Komaki Resort)
for **FREE** anytime during the month of

September.

Call 226-4735 to Sign up today!



**16 September 6 PM-
10 PM**

Zeamer CDC

You may be eligible for a
"break". Contact the Family
Support Center at 226-4735
for more information on this
program.

Marriage Enrichment

September 13th or 27th

A couples
communications class!

Personal Financial Management

We can help you develop a
plan

for your financial future.

Call us at
226-4735 to set up a one-
on-one appointment.